

SPRINT BIKE COURSE

12.2 miles
Elevation gain 332ft

TURN-BY-TURN DIRECTIONS

Exit Lewis Creek Park and turn **LEFT** on to **North River Dr**

TURN AROUND at the intersection of North River Dr, Northside Dr and Sunny Valley Ln. Do not go up the big hill. (6.1 mi)

*This is an out and back course.
Follow the route back to the start.*

Stay on **North River Dr** and return to Lewis Creek Park (12.2 mi)

The only hill is the dam on the return trip at mile 9.6. It is about 0.25 mile long and ~100 ft of elevation gain.

