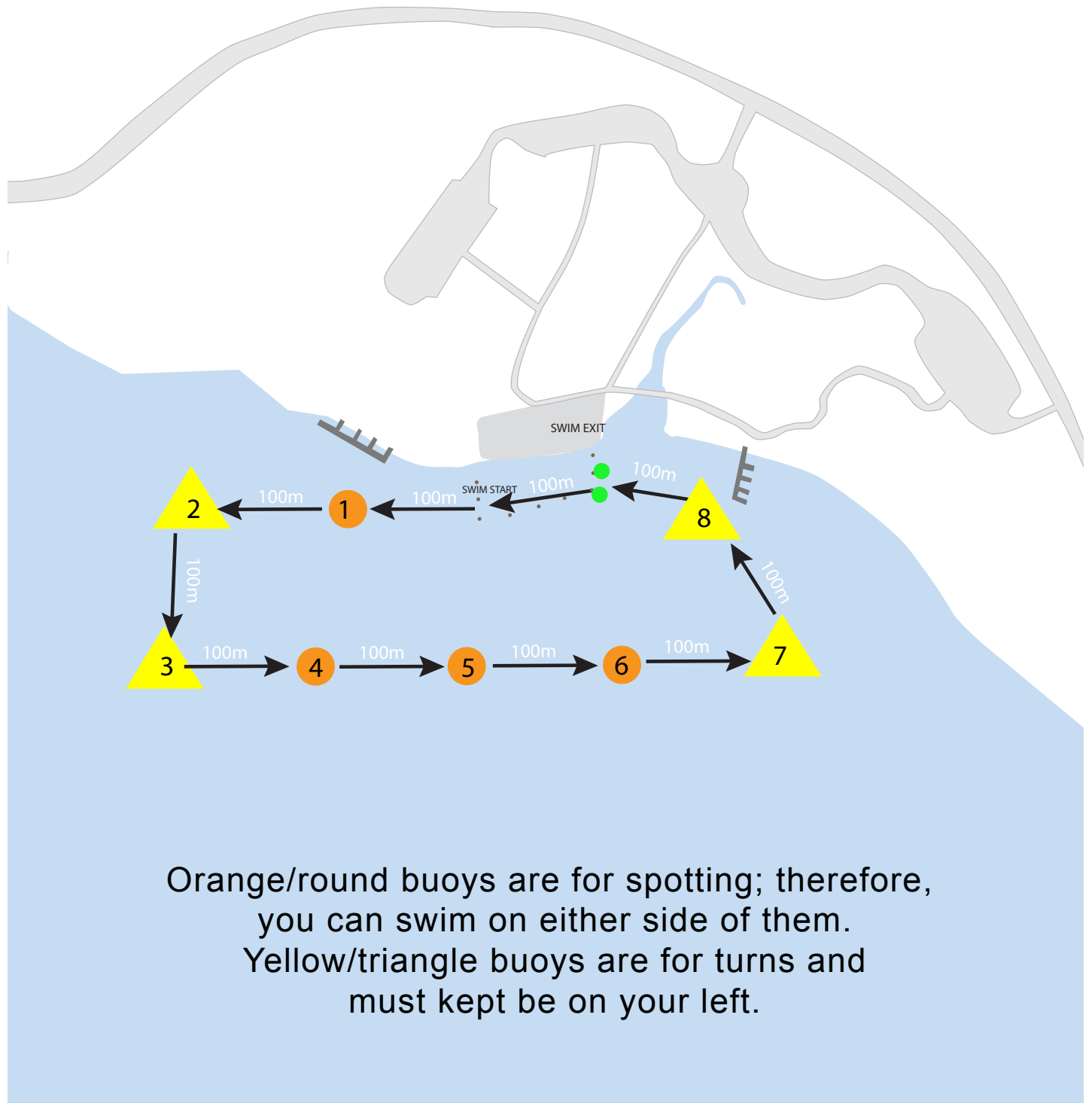


HALF IRON SWIM COURSE

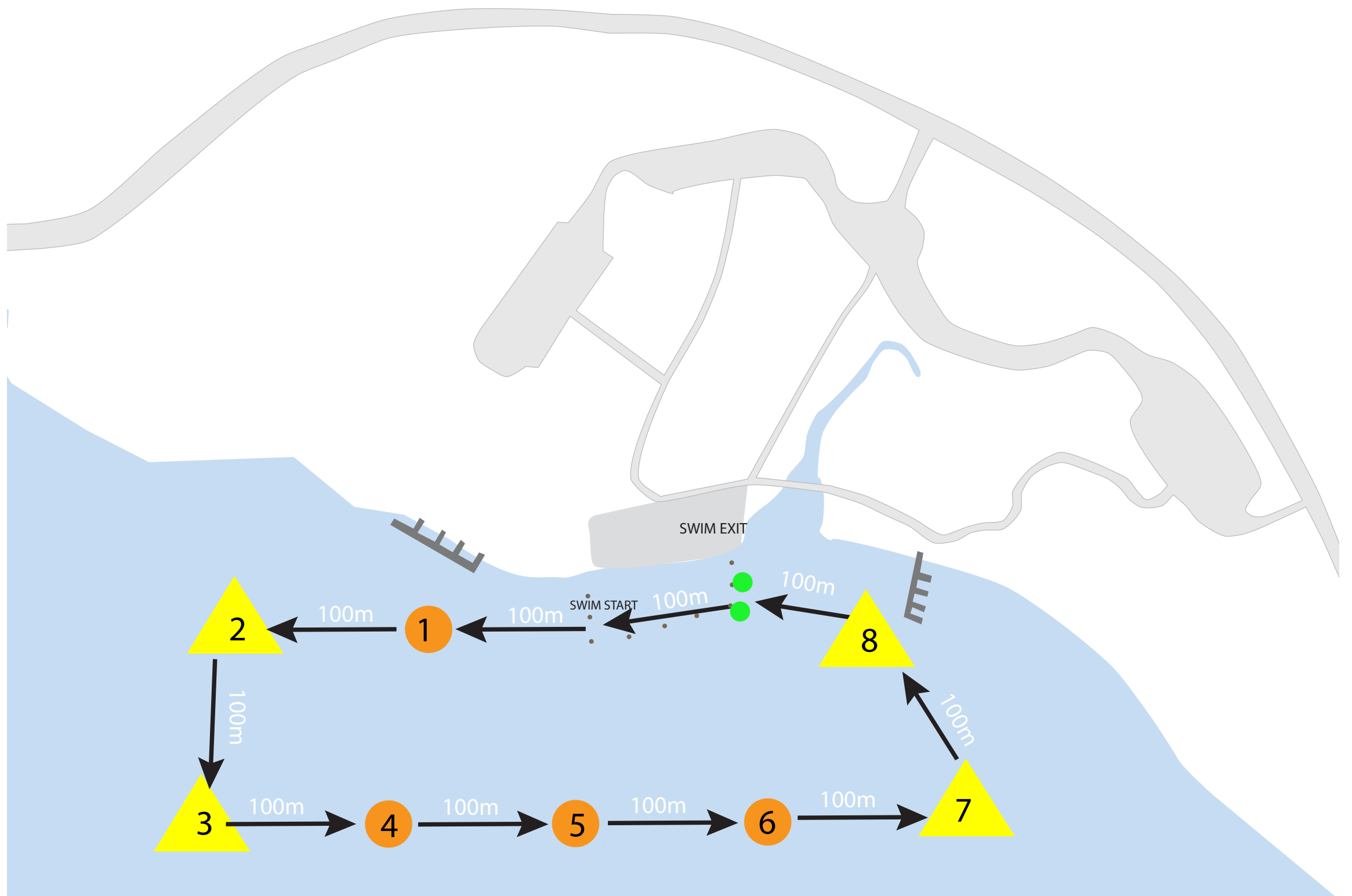
1.2 miles (1931m), 2 lap, in water start



Orange/round buoys are for spotting; therefore, you can swim on either side of them. Yellow/triangle buoys are for turns and must kept be on your left.

HALF IRON SWIM COURSE

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